



Area 75

Alcoholics Anonymous in Southern Wisconsin

Bridging the Gap Letter to the Treatment Patient

Dear AA Member,

In your community Alcoholics Anonymous has a Program available for you when you are discharged from treatment. AA offers you the Bridging the Gap Program.

The Bridging the Gap Program helps ease the transition from treatment living to daily sober living outside the facility. You can sign up to be matched to an AA member from your home community. Upon your discharge from the treatment facility this AA member will take you to meetings, introduce you to other AA members to help get acquainted and become comfortable with your new friends in AA. During this time you learn about sponsors, home groups, working the steps and service. Your BTG Volunteer is temporary (maximum of six meetings is suggested); they will not follow up on you or try to control you. Nor will they provide housing, food, clothing, jobs, money or other such services.

Past experience has shown attending an AA meeting within 24 – 48 hours of your discharge from treatment is the most effective tool in making a sober transition into the real world.

We have been where you are, we have felt what you are feeling but today we also know what the program of AA and its fellowship can do for you and countless others.

If you are within three weeks of discharge from treatment and wish to participate in the Bridging the Gap Program, please complete the attached "Patient Application" and mail it to the address below. When the committee receives it they will contact a BTG Volunteer who will in turn contact you to arrange a meeting on the day of release. If you are not contacted by a volunteer within two weeks, please contact us, and we will have someone get in contact with you.

Date: _____ Age _____ Sex: Female ___ Male ___ Discharge Date: _____

Name (please print): _____

Treatment Facility: _____

Treatment Facility contact number: _____

Address upon discharge: _____

City: _____ State: _____ Zip Code: _____

Home contact phone number: _____ OK to leave message from AA? _____

___ I am interested in the Bridging the Gap Program. I would like an AA member to meet me when I am discharged. I understand the importance of attending a closed meeting of Alcoholics Anonymous within 24-48 hours of my discharge and I wish to participate.

Mail to: **Area 75 Treatment Bridging the Gap, PMB # 170 , 5464 North Port Washington Rd. Glendale, WI 53217**

Contact us with any questions at bridgingthegap@area75.org